

## Summer Enrichment Week

### The History of Codebreaking

Trip Leader: **Ms Edmunds** – [c.edmunds@ixworthhighschool.org](mailto:c.edmunds@ixworthhighschool.org)

Cost: £80



#### Day 1

Trip to Bletchley Park

#### Day 2

In-school activities including Code Breaking challenge.

#### Day 3

Trip to Dover Castle

#### Day 4

External Visit from Problem Solving Company

“Escape room”.

#### Day 5

Ixworth Festival of Enrichment;

- Including Presentation of Work from week.
- Quiz
- Prize giving

## Summer Enrichment Week

### 5 Day Play

Trip leader: **Ms Howson** - [c.howson@ixworthhighschool.org](mailto:c.howson@ixworthhighschool.org)

Cost: **Free of charge**



#### Day 1

Introduction to Creating a performance

Session 1 – Concept & Drama Workshop

Session 2 – Draft outline of scenes, key moments, roles.

#### Day 2

Sound, Sight and Structure

Session 1 – Select music, sound effects and lighting

Session 2 – Outline props and basic costume ideas

#### Day 3

Rehearsal and Refinement

Session 1 – Run through key scenes, dialogue and blocking

Session 2 – Transitions, integrate music/ sound cues

#### Day 4

Logistics and Polish

Session 1 – Finalise props, costume and stage

Session 2 – Technical rehearsal

#### Day 5

Dry Run and Final Prep

Session 1 – Full run-through with costumes

Session 2 – Final tweaks and performance.

## Summer Enrichment Week

### Art

Trip leader: **Ms Osbourne** [a.osbourne@ixworthhighschool.org](mailto:a.osbourne@ixworthhighschool.org)

Cost: £40



#### Day 1

Art trip to Gallery.

#### Day 2

Working together on making a giant group painting in the style of Van Gogh.

#### Day 3

Working together on making a giant group painting in the style of Van Gogh.

#### Day 4

Working on individual artwork

- Choice of photographic, 3d and Art projects.

#### Day 5

Creating an exhibition of their work.

## Summer Enrichment Week

### Branding Bakery

Trip leaders: **Ms Trigg** - [k.trigg@ixworthhighschool.org](mailto:k.trigg@ixworthhighschool.org)

**Ms Ball** - [s.ball@ixworthhighschool.org](mailto:s.ball@ixworthhighschool.org)

Cost: £45



#### Day 1

- Overview of the enrichment task and introduction to branding with examples (e.g. The Biscuiteers, Ladurée)
- Mood board creation with theme options: Ocean, Tropical, Gamer, Fashion, Animals, Flowers
- Logo and signage design; sketch and digitally create brand logos and plan stall layout

#### Day 2

- Create a wooden cake stall sign
- Paint and decorate based on brand theme
- Begin planning merchandise (e.g. badges, t-shirts)

#### Day 3

- Choose recipes from a curated collection
- Refer to mood board for decoration inspiration
- Finalise up to 4 cake designs including colours, toppings, and presentation style

#### Day 4

- Bake and decorate cakes according to brand theme
- Finalise stall setup and visual presentation

#### Day 5

- Set up stalls for a market-style showcase
- Create and display posters, badges, and t-shirt

## Summer Enrichment Week

### Futures Week

Trip leader: **Ms Burgess** – [g.burgess@ixworthhighschool.org](mailto:g.burgess@ixworthhighschool.org)

Cost: **Subject to sign-up numbers**



#### Day 1

Session 1 – What career is right for you? and other introductory quizzes

Session 2 – Carousel of industry talks

Session 3 – Carousel of industry talks

#### Day 2

All day – in school industry outreach\*

OR

All day – industry visit to Euston Estate: inside a working farm\*

#### Day 3

Session 1 – Carousel of industry talks

Session 2 – Carousel of industry talks

Session 3 – Carousel of industry talks

#### Day 4

All day – Armed Forces experience day\*

OR

All day – trip to Cambridge University: workshop, visit to museum and time in Cambridge

#### Day 5

Evaluation and festival

Session 1 – Futures exit questionnaire

Session 2 – Presentation preparation

Session 3 – Presentation and awards

\*Event/days are subject to change as we are awaiting confirmation from organisations

# Summer Enrichment Week

## Sport Science

Trip leader: **Ms Mountford** – [t.mountford@ixworthhighschool.org](mailto:t.mountford@ixworthhighschool.org)

Cost: **Free of charge**



### Day 1

Introduction to Sport Science

Session 1 – What is Sport Science?

Session 2 – Fitness testing

Session 3 – Results analysis

### Day 2

Anatomy & Movement

Session 1 – Anatomy for Athletes

Session 2 – Biomechanics

Session 3 – Movement analysis

### Day 3

Physiology & Performance

Session 1 – Cardiovascular & respiratory systems

Session 2 – Interval training

Session 3 – Recovery and performance

### Day 4

Sport Psychology and Skill Acquisition

Session 1 – Psychology for young athletes

Session 2 – Skill acquisition practical

Session 3 – Psychological techniques workshop

### Day 5

Nutrition, performance and festival

Session 1 – Nutrition for sport

Session 2 – Challenge

Session 3 – Presentation and awards

## Summer Enrichment Week

### STEM project

Trip leader: **Mr Sexton** - [m.sexton@ixworthhighschool.org](mailto:m.sexton@ixworthhighschool.org)

Cost: **Free of charge**



#### Day 1

- Introduction
- Team formation
- Role selection
- Problem selection

#### Day 2

- Problem exploration
- Problem research
- Current solution research
- Expert interviews/ videos

#### Day 3

- Design planning
- Initial prototyping
- Prototype feedback

#### Day 4

Final build and testing

#### Day 5

Ixworth Festival of Enrichment: Showcase and reflection

# Summer Enrichment Week

## Stagecraft



Trip leader: **Ms Dungey** – [j.dungey@ixworthhighschool.org](mailto:j.dungey@ixworthhighschool.org)

Cost: £30

### **Day 1 - Welcome to StageCraft**

Session 1 – Introduction to Theatre & StageCraft

An immersive introduction to the world of theatre, exploring performance, production, and backstage roles. Students are introduced to the week's goals and the final performance festival.

Session 2 – Theatre Legends, Trends & Musical Theatre Today

Students dive into iconic productions, legendary performers, and current trends in musical theatre, developing critical awareness of the industry.

Session 3 – Critiquing & Reviewing Theatre

Workshop on how to watch theatre like a professional critic. Students learn how to analyse performance, staging, and storytelling, and begin writing short reviews.

### **Day 2 - Performance Skills: Acting, Singing & Dance**

Session 1 – Acting & Line Delivery

Focus on stage presence, timing, projection, and emotional truth. Students rehearse scenes and receive guided feedback.

Session 2 – Dance for the Stage

Practical choreography session covering styles from Broadway to contemporary musical theatre. Emphasis on performance quality and confidence.

Session 3 – Singing for Musical Theatre

Vocal training session focused on projection, storytelling through song, and musical interpretation.

### **Day 3 - Creative & Technical Theatre**

Session 1 – Costume & Makeup for the Stage

Hands-on workshop exploring character transformation through costume design and theatrical makeup, from concept to final look.

Session 2 – Staging, Blocking & Movement

Students learn how to use stage space effectively, focusing on blocking, positioning, and purposeful movement.

### Session 3 – Lighting & Sound Basics

Introduction to lighting and sound design, exploring how technical elements create mood, support storytelling, and enhance performance.

## **Day 4 - Behind-the-Scenes Magic**

### Session 1 – Production Roles & Teamwork

Exploration of all roles involved in theatre production, from performers to backstage crew, highlighting collaboration and organisation.

### Session 2 – Theatre Advertising & Promotion

Students design posters, social media content, and promotional materials to generate buzz for the final performance.

### Session 3 – Rehearsal & Skill Development

Focused rehearsal sessions for the student-led variety show/cabaret, including scene work, emotional range, and optional stage combat techniques (taught safely).

## **Day 5 - Performance Festival**

### Session 1 – Final Rehearsals & Technical Run

Dress rehearsals, tech checks, and final performance preparation with expert guidance and feedback.

### Session 2 – StageCraft Performance Festival

Live student performance showcasing acting, singing, dance, and creative contributions from across the week.

### Session 3 – Reflection, Reviews & Celebration (if time)

Students reflect on their learning, share critiques, and celebrate achievements with presentations and awards.