

17<sup>th</sup> April 2026

Headteacher

Responsible, Resilient, Ambitious

During the holiday, we installed four new goal posts on the top field. These have been warmly welcomed by our football players and have helped to smarten up our outdoor areas. The much-improved weather has meant that the wonderful grounds we are lucky to have at Ixworth are being thoroughly enjoyed by both students and staff. It has been a delight to see students chatting and enjoying picnics while looking out over the Suffolk countryside.

We believe that breaktimes and lunchtimes are important opportunities for students to socialise and, for some, to burn off excess energy. We continue to offer footballs, table tennis equipment and netballs so that students can make full use of the pitches, courts and tables during social times.

Congratulations to Mrs Harniess-Gove, who was part of the team that won the National Women's Triple Bowls Competition. She will now go on to compete in the World Championships; we wish her the best of luck!

A reminder that on Monday 20<sup>th</sup> April, we will be practising our lockdown procedures during form time.

We have now issued bus passes to all students who use the school-provided bus services from Thetford or Stowmarket. Students are expected to show these when accessing the bus. New badges will be provided each term by Miss Andrews in the office.

Wishing you a restful weekend.

Mr Gibb  
**Headteacher**

## Mocks and Exams

Individual timetables have been provided to students. These are also available on the Bromcom app and Student Portal.

The following items have been added to the Bromcom shop for Year 10 & 11 students in preparation for the Summer Exam season:

- Clear exam pencil case containing; 2 x black pens, 1 x highlighter, ruler, protractor, compass, pencil, pencil sharpener and eraser **£1.32 each**
- Casio FX83GT CW+ Scientific calculator **£11.10 each**



17<sup>th</sup> April 2026

## Pastoral Notices

Responsible, Resilient, Ambitious

### Student Related Enquiries

General enquiries about students or student-related incidents should always in the FIRST instance go to their Tutor. If for any reason this does not resolve the issue, please then contact the Head of Upper or Lower school, whichever is relevant to your child.

### Student Absence

Student absences should be registered with the School Office Team- [aaa@ixworthhighschool.org](mailto:aaa@ixworthhighschool.org) by 9:00 am.

### Lost Property

Items of lost property will be kept at the school Office. Please ensure you have all school uniform and sports kit clearly marked with your child's name on the inside of the item.

### Safeguarding

Our Designated Safeguarding Lead is Miss Burgess; she is contactable via the school office.

We continue to push on high levels of attendance for our students across the school and in Forge. Thank you to the parents and carers in our community who support their children to make the right choice every day. Research tells us that 95% plus attendance adds one grade, on average at GCSE.

Below you will see the link to our Attendance and Punctuality Policy. This can be accessed on our website under Policies. <https://www.ixworthhighschool.org/assets/Documents/Attachments/Attendance-and-Punctuality-Policy-2024.pdf>

## Key Dates

### Week beginning 20<sup>th</sup> April is Week B on our timetable

23 <sup>rd</sup> April	Year 8 Progress Evening
27 <sup>th</sup> April- 8 <sup>th</sup> May	Year 10 Mocks
4 <sup>th</sup> May	Bank Holiday
14 <sup>th</sup> May	CoffeeHouse Performance
18 <sup>th</sup> May	DofE Expedition Week
25 <sup>th</sup> May	<b>Half Term</b>
1 <sup>st</sup> June	First Day Back- All Students
1 <sup>st</sup> June	Year 9 start KS4 Options
18 <sup>th</sup> June	Year 7 Progress Evening
19 <sup>th</sup> June	Year 11 Prom
6-10 <sup>th</sup> July	Year 10 Work Experience Week
13-17 <sup>th</sup> July	SEW
17 <sup>th</sup> July	Final Day of School

17<sup>th</sup> April 2026

Responsible, Resilient, Ambitious

## Art & Photography Exams

Yr11 GCSE Art students are completing their art exam on Monday and Tuesday next week. They may wear non-school uniform – old clothes that don't matter if they get paint on. Students should arrive in the Art room at **8.30** to be registered and prepare their work area for the exam. They need to bring their exam sketch book and any other artwork related to their project on the Monday. Once they enter the exam room, nothing can be taken out.

The photography students will be completing their exam on Wednesday, Thursday and Friday for periods 1 and 2 only. Usual school uniform is required. Students need to upload all the photographs they will need in their exam onto their Teams assignment by the end of school day Monday, so they can be uploaded to the exam account ready.

Phones are not allowed in the rooms and either need to be left in their lockers or handed to the invigilator at the start of the session. As with all exams, students are not permitted to talk, but the creative team staff are on hand for technical support.

If students wish to bring in their own equipment, props or materials, please ensure your child checks with their teacher prior to the exam. Any questions, please email [a.osborne@ixworthhighschool.org](mailto:a.osborne@ixworthhighschool.org)

## Netball & Football Sponsorship

On 27<sup>th</sup> March, we were delighted to welcome **Vehicle Works** and **Hama Beads** into school as part of their generous support in sponsoring our netball and football kits.

Their visit made a real impact, giving students the chance to meet the people behind the support and truly appreciate what it means to represent their school. We even had the opportunity to take a group photo with our students and sponsors — a brilliant moment that captured the pride, professionalism, and sense of team that these kits bring.

Thanks to Vehicle Works, our netball teams now step onto the court looking sharp and united and with the backing of Hama Beads, our football teams are doing the same out on the pitch. Quite simply — this wouldn't have been possible without their support. These kits are about more than just appearance, they build identity, confidence, and belonging. When students wear them, they feel part of something bigger — and that shows in the way they perform and represent the school.

A huge thank you once again for your time, generosity, and commitment to supporting our students — it genuinely makes a difference.





17<sup>th</sup> April 2026

Responsible, Resilient, Ambitious

## What are students covering in the Key stage/course?

Over Key stage 3 and 4, students develop many skills through PSHE.

### 1. Preparing for Real-Life Decision Making:

By KS3 and KS4, students face more complex situations—friendships, online choices, health decisions, and growing independence. PSHE gives them the knowledge and skills to make informed, safe and confident choices.

### 2. Supporting Wellbeing and Mental Health:

Adolescence is a period of significant emotional change. PSHE helps students understand emotions, build resilience, manage stress, develop coping strategies, and know where to seek help.

### 3. Developing Healthy Relationships:

PSHE teaches the foundations of respectful, safe and healthy relationships—friendships, families, and romantic relationships. It also covers consent, boundaries, and recognising unhealthy behaviours.

### 4. Building Confidence and Personal Identity:

Through discussion and reflection, students explore their values, aspirations and strengths. This supports self-esteem and helps them understand their place in the world.

### 5. Equipping Students with Life Skills:

Managing money, understanding risk, recognising media influence, staying safe online, and making responsible health choices are all essential life skills taught through PSHE.

### 6. Preparing for Future Careers and Pathways:

In KS4 especially, PSHE links directly to careers education, helping students understand post-16 options, employability skills, workplace expectations and how to make a strong personal statement or CV.

### 7. Promoting Respect, Inclusion and Citizenship:

PSHE encourages students to understand differences, challenge discrimination, respect others and contribute positively to their community—inside and outside school.

### 8. Meeting Statutory Requirements:

Relationships, Health and Sex Education (RSHE) is statutory in England, and PSHE provides the broader framework for delivering this safely and consistently.

Year 7	
Autumn Term	Friendship and Bullying
Spring Term	Puberty, Hygiene and Health
Summer Term	Desert Island
Year 8	
Autumn Term	RSE: Relationships and My Mental Health
Spring Term	Drugs and Alcohol
Summer Term	Welcome to Reality
Year 9	
Autumn Term	Consent, Contraception and Conception
Spring Term	Rights and Responsibilities
Summer Term 1	Moral Thinking
Summer Term 2	Internet Safety
Year 10	
Autumn Term	Healthy Body, Healthy Mind
Spring Term	Addiction
Summer Term	Crime and Criminality
Year 11	
Autumn Term	RSE: Issues in Relationships
Spring Term	Internet Safety
Summer Term 1	Reality Bites

17<sup>th</sup> April 2026

Responsible, Resilient, Ambitious

## **How does your subject fit into the wider subject curriculum?**

PSHE is not a standalone subject that sits on the edges of school life; it is a central part of the whole-school curriculum. It strengthens, supports and enhances every other subject area, as well as students' personal development, behaviour, safety and wellbeing. PSHE reinforces learning across an array of subjects, giving students the knowledge, skills and attitudes that help them succeed in academic subjects.

Examples:

- Science: puberty, reproduction, drugs and health
- Computing: online safety, digital footprints
- English: communication, debating, critical evaluation
- Maths: budgeting, financial capability
- PE: healthy lifestyles, body confidence
- Humanities: respect, diversity, identity, citizenship
- H&SC: lifestyle, support, diversity

PSHE provides the context, while subject lessons provide the detail or academic depth. PSHE fits into the wider curriculum because it teaches the essential knowledge, skills and values that support learning, wellbeing, safeguarding and future success. It connects academic education with real-life application, strengthens personal development, and underpins statutory RSHE and CEIAG requirements.

## **Any competitions/House comps/ Homework you are running/have run and their results or aims.**

For homework, after each topic, a homework will be set to promote PSHE and the topics that the students have worked through over the term. These will then be displayed to promote positive views on topics covering from year 7-11. Our homework allows students to use different media types that help and explore different career paths through PSHE.

## **How can parents support or extend their child in your subject?**

Parents and carers play a vital role in reinforcing the skills, knowledge and values taught in PSHE. Parents and carers can support PSHE by talking openly at home, modelling positive behaviour, reinforcing wellbeing routines, staying informed about the curriculum, and encouraging independence and confidence. When school and home, work together, students are more confident, resilient, safer, happier and better prepared for the challenges of growing up.

## **Anything current in the news, new books or research links to websites**

[New statutory guidance for RSHE](#)

[Summary of changes](#)

[Report: HEPI research](#)

[Analysis of mental health strengths through PSHE: PSHE Association article](#)

[Whole school wellbeing review: Schools Wellbeing report](#)

17<sup>th</sup> April 2026

Responsible, Resilient, Ambitious

## Year 9 Options

Deadline for submitting options was today- 17/04/2026. Any outstanding forms need to be with Mr Jackson by 9:00 on Monday morning.

If you require a new form, please link- [Options-form-2026.pdf](#)

### 3-4 Model Update-

Thank you to all parents for sharing your views surrounding the 3 or 4 option curricular model. We are currently awaiting confirmation from the Trust around which model we can offer. Once this has been received, we will share with parents and students accordingly. We apologise for the wait and hope to have clarity very soon.

## Year 10 Work Experience

Please complete this form to share your interest in a possible Aim Higher Trip! Any questions, please email [d.heath@ixworthhighschool.org](mailto:d.heath@ixworthhighschool.org)

[Aim Higher Event – Fill out form](#)

## Careers- SWAY



[Up-to-date Career's News - Rolling Summer term](#)

Ixworth High School Careers Rolling Summer Term!

[Go to this Sway](#)

17<sup>th</sup> April 2026

Responsible, Resilient, Ambitious

The next CoffeeHouse will take place on  
Thursday 14<sup>th</sup> May 17:00-18:30.

Students have auditioned to give you a night  
of the best our performing arts can offer,  
with warm drinks and sweet treats to enjoy a  
musical night with. Please join us to celebrate  
these talented students

**Tickets are available to purchase via the link  
below:**

[https://www.eventbrite.co.uk/e/1985822780  
393?aff=oddtcreator](https://www.eventbrite.co.uk/e/1985822780393?aff=oddtcreator)



## Year 11 Prom

**Friday 19<sup>th</sup> June 2026- All Saints Resort, Fornham St. Genevieve, Bury St Edmunds, Suffolk, IP28 6JQ**

All year 11 pupils are warmly invited to attend the Year 11 Prom – a fantastic opportunity to celebrate the end of your time at Ixworth High School and mark this important milestone in style. Tickets are priced at £38 and are now available to purchase via Bromcom. The ticket price includes food and a disco, ensuring a great evening of celebrations. Please note, drinks will need to be purchased separately at the bar on the night- cash or card. Water is available throughout.

Due to the size of the car park, the venue cannot accommodate large vehicles (such as lorries or fire trucks) for drop-off.

We encourage all students to attend what promises to be a memorable and enjoyable evening with friends and staff. For further information please contact [b.morris@ixworthhighschool.org](mailto:b.morris@ixworthhighschool.org) or [a.jacob@ixworthhighschool.org](mailto:a.jacob@ixworthhighschool.org)

