

family BULLETIN

Welcome!

I would like to thank students and parent/carers for their support this week. Unusually, we have had a number of colleagues unwell this week and this has led to lessons being covered. I do apologise for this and am very much looking forward to welcoming all colleagues back to school on Monday. My colleagues, I know, never want to be unwell and are very keen to be back in school with students, their tutor groups and their classes.

This academic year we have launched a revised Behaviour for Learning Policy. The revised policy and approach sees an increased focus on rewards as well as consequences for poor choices. We have, for example, introduced after school detentions, senior teacher detentions and have re-launched Ixworth Pins and House Points for good work in lessons. Parent/carers can, via the Arbor app, see house points and any negative points and we will be increasing the detail behind rewards and negative points over time so that you have more detail. The policy is available [here](#). As you would expect, we will continue to champion each and every student but will not compromise on our standards and expectations.

This week's whole school PSHE theme was linked to Youth Mental Awareness Day and bravery. This morning, Years 9, 10 and 11 have had an assembly focused on examples of bravery and all students are currently exploring examples with their tutors and will then be displaying their class' messages in the New Hall. They have responded exceptionally well. Details of the national campaign can be found by clicking [here](#).

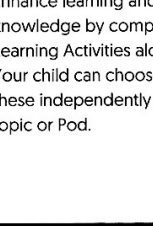
Next week sees our careers week and we have a number of external speakers in school. In addition, Year 7 students will be sitting their CAT 4 tests and will also be participating in an education based circus day. My weekly parent/carer drop-in session continues every Friday between 3.30 and 4.30pm.

Finally, thank you to the Year 10 and Year 11 parent/carers for attending last night's GCSE Success Evening. Great conversations focused on routines and online revision material, including GCSE Pod.

Have a very good weekend when it comes.

Mr Barrow
Executive Headteacher

GCSE POD



QUICK START GUIDE

How does your child get it?

Your child has already been registered by their school and simply needs to activate their account. To help your child activate their account, follow these simple steps:

- 1) Go to www.gcsepod.com and click "Login"
- 2) Click "New Here? Get Started!" and select "Student"
- 3) Enter your child's name, date of birth and type in the name of their school. The school's name should appear. Click on it to confirm.
- 4) Create a username and password

*If you're having trouble finding your school, double check that you've entered the correct date of birth and full name as it appears on the school's register. Some schools are known by a shorter version of their name so make sure you're typing the full, official school name.

KEY FEATURES



Playlists

Your child can create their very own bespoke playlist by selecting Pods that they feel they need to focus on. They can then watch the playlist to brush up on their knowledge or download it to take it everywhere they go.



Check & Challenge

Your child can test their knowledge on Pods by completing quizzes and questions. They will receive instant feedback on their answers with helpful tips to help them understand why it's right or wrong.



My Course

You can keep organised by viewing a list of their upcoming exams in subject or date order. They can view an exam playlist to see all the Pods relevant to that exam.



Assignments

View homework set by your child's teacher. Your child should watch Pods selected by their teacher and complete the questions to help test their knowledge.



Learning Activities

Enhance learning and cement knowledge by completing Learning Activities alongside Pods. Your child can choose to complete these independently and with any topic or Pod.



Downloads

The Pods can be downloaded on any device so your child can watch them **online or offline**. Wherever they go, GCSEPod goes with them. It's like they're carrying an **entire world of knowledge and revision in their pocket**.

WHY USE GCSEPOD?

- One **website**, **3 apps** and over **6000 Pods**.
- Content produced specifically for **mobile devices, tablets and PCs**.
- Designed to **squeeze** exactly the right knowledge needed for **exam success** into short **3-5 minute chunks**.
- Helps with **learning, homework and revision**.

It will help your child get organised

Your child can create personal playlists to listen to in the run-up to an exam, to help with homework or on the go to help consolidate learning.

The viewing history feature enables your child to return to Pods they found useful. There's also a 'Favourites' playlist, which enables them to easily return to Pods on areas they may be finding difficult.

Premade exam specific playlists, available in the 'My Courses' area are neatly organised meaning your child can manage revision quickly and easily whilst prioritising their time.

It's convenient and effective

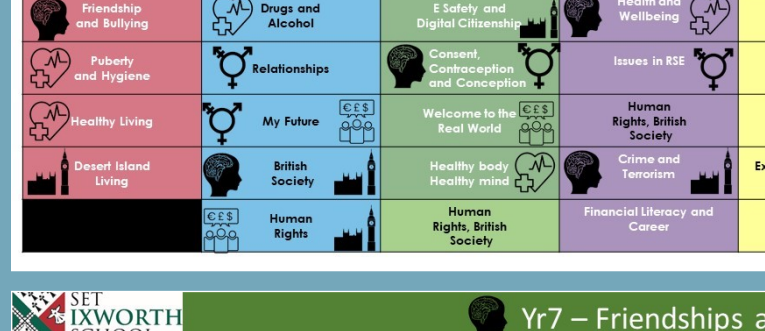
The Pods can be downloaded on any device so your child can watch them **online or offline**. Wherever they go, GCSEPod goes with them. It's like they're carrying an **entire world of knowledge and revision in their pocket**.

An **expert reads and explains everything** clearly and precisely with all the right **facts, quotes, keyword and annotated diagrams** on screen.

Your child won't need to use GCSEPod for long before they feel the impact. **Consistent use in just 10 minute chunks is proven to support achievement right up to a grade 9**.

It can be as discreet (or loud) as they want
Your child can listen to Pods anywhere and everywhere and because it looks like they're listening to music, no one needs to know they're actually swotting up.

Your child may want to show off just how much work they've been doing or even recommend a Pod to a friend, to do this, they can use the social networking links on the site to connect with others.



GCSEPOD

gcsepod.com

info@gcsepod.com

0191 338 7830

SPOTLIGHT: PSHE



Students have had embraced our PSHE curriculum fully so far this academic year.

I thought you would welcome seeing an overview of our curriculum, followed by a more detailed curriculum 'road map' for this term for each year group.

The curriculum is supported by bespoke SET Ixworth booklets and key themes and messages are reinforced through our assembly programme. Mrs Hale's assemblies this week have focused on British Values and Year 7 have had an additional session, with me, on Protected Characteristics.

Should you have any questions/queries about the PSHE curriculum, please do not hesitate to contact me.

Ms G Burgess
Head of Lower School, Subject Lead PSHE

PSHE PROGRESSION

Relationships and Sex Education	Financial Literacy and Careers
Physical Health and Wellbeing	Citizenship and Political Literacy
Mental Health and Wellbeing	

Year 7	Year 8	Year 9	Year 10	Year 11
Friendship and Bullying	Drugs and Alcohol	E-Safety and Digital Citizenship	Health and Wellbeing	Addiction
Puberty and Hygiene	Relationships	Current Citizenship and Conception	Issues in RSE	RSE
Healthy Living	My Future	Welcome to the Real World	Human Rights, British Society	Reality Bites
Desert Island Living	British Society	Healthy body, Healthy mind	Crime and Terrorism	Exam study, well-being, resilience
	Human Rights	Human Rights, British Society	Financial Literacy and Career	

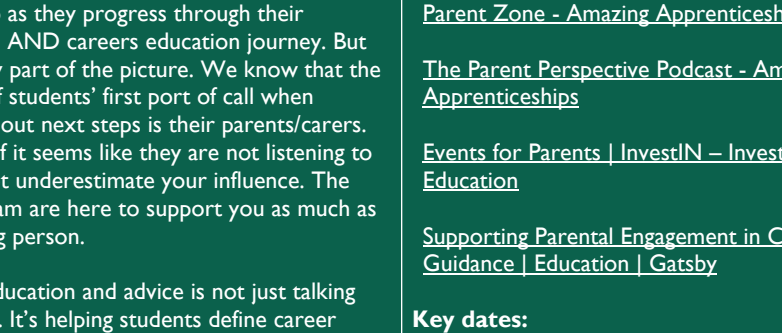
Yr7 – Friendships and Bullying



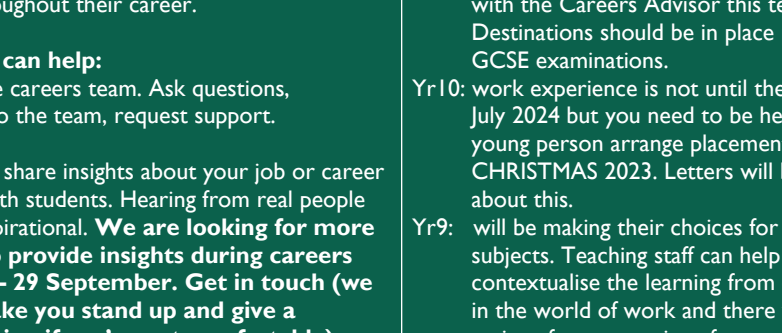
Yr8 – Drugs and Alcohol



Yr 9 – E-Safety and Digital Citizenship



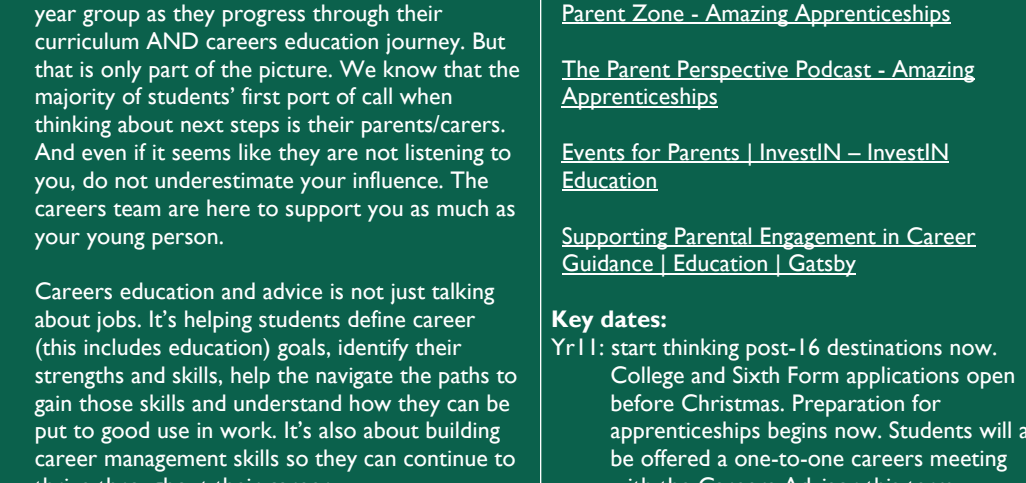
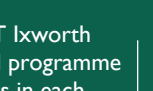
Yr 10 – Healthy Body, Healthy Mind PT1



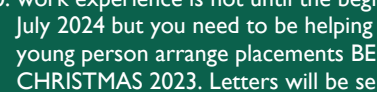
Yr 11 – Drugs and Alcohol



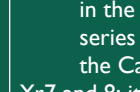
6Cs IN FOCUS



PSHE - bravery and mental health.
Proud of our students!
#community #celebration



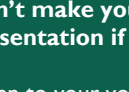
Youth Mental Health Awareness Day
#community #commitment



Great work in Food Tech and Science
#challenge #confidence



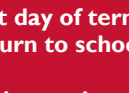
Drama - lighting techniques and devising
#challenge #commitment



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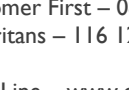
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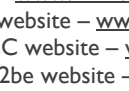
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