



Ixworth High School Enrichment Programme

Brochure - 2025-2026

“Broaden Horizons. Build Character. Belong.”

At Ixworth High School, our Enrichment Programme is a three-year journey that shapes confident, curious, and capable young people through a rich, inclusive curriculum beyond the classroom. Rooted in our five enrichment strands—**Creativity, Academic Discovery, Physical Challenge, Community, and Leadership**—the programme ensures students develop the skills, character, and mindset needed to thrive in school and beyond.

Every opportunity is aligned to our core values:

Ambitious – to set goals and pursue excellence

Responsible – to contribute meaningfully to others and the world

Resilient – to face challenges with confidence and determination

The programme runs from **Year 7 to Year 9**, with every student completing a blend of:

- **Prescribed enrichment activities** (e.g. Debating, Leadership, First Aid, Pre-Duke of Edinburgh and Young Enterprise)
- **Student-choice activities**, aligned to personal interests or future aspirations (e.g. History Society, Train to Become and Elite Sports Performer, Chess, Nutrition, Landscaping, Set Design, Production)

Each activity runs for either a half-term (up to 4 sessions) or a full term (up to 8 sessions), with sessions lasting 100 minutes and delivered through structured, outcome-driven Schemes of Learning.

The Enrichment Programme celebrates progress and achievement at every stage:

- All activities conclude with recognition of effort, skills gained, and outcomes achieved
- Students receive certificates and performance-based awards (e.g. Elite Performer Award, Young Enterprise Award etc)
- Enrichment contributes to students' personal development profile, enhancing college and post-16 applications
- Strand-based awards (Bronze, Silver and Gold) are given for consistent contribution across each enrichment strand

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- High achievers work towards the prestigious “Platinum Enrichment” award, earned by engaging in all five strands over time

All achievements are publicly recognised through:

- Termly celebration assemblies
- House point rewards and leaderboard features

In addition to our whole-school personal development programme, all students will participate in **Summer Enrichment Week**—a highlight of the academic year that offers immersive, memorable learning beyond the classroom.

Students will choose from four exciting pathways:

- **France Cultural Residential**
A 4-night trip including landmark tours, language immersion, and cultural discovery.
Approximate cost: £600–£700
- **Activity Camp Residential**
A 4-night outdoor adventure experience packed with climbing, kayaking, zip-lining and team building.
Approximate cost: £350–£450
- **Department-Led Residential Experience**
A two-night subject-themed enrichment experience delivered by staff and external providers.
Approximate cost: £150–£250
- **Department-Led In-School Enrichment (Non-Residential)**
A 5-day themed experience led by subject departments, with activities such as filmmaking, sports science, art intensives, forensics, and more.
Approximate cost: £0–£50

Each pathway supports one or more of our enrichment strands—**Leadership, Community, Creativity, Physical Challenge, and Academic Discovery**—and contributes to pupils’ enrichment awards and personal development record.

We want to implant the mindset that Enrichment isn’t an add-on. Our enrichment offer is embedded in the culture, curriculum, and care of Ixworth High School. It ensures that every student:

- ✓ **Learns beyond the syllabus** – through practical, creative and physical challenges that embed problem-solving, communication, and independent thinking
- ✓ **Builds their character** – developing empathy, confidence, resilience, and a strong moral compass

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- ✓ **Develops real-life and employability skills** – such as leadership, teamwork, initiative, presentation, and time management
- ✓ **Finds their voice and purpose** – by exploring identity, interests, and ambitions through choice and challenge
- ✓ **Prepares for the future** – with meaningful experiences to draw on in interviews, applications, and beyond
- ✓ **Builds a legacy they can be proud of** – through contribution to the school, community, and their own growth journey

Ambitious. Responsible. Resilient. Enriched.

Mark Stacpoole

Director of Enrichment

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Courses on Offer – 2025/26 Enrichment Pathways

The following enrichment activities form the core of our offer for students in Years 7 to 9. Each course follows a consistent structure and is designed to deliver depth, challenge, and meaningful personal development across one or more of our five enrichment strands.

Students should read through each option carefully to understand what's involved and how it aligns with their interests and goals. This will help them make informed, confident choices when they select their enrichment pathways next Friday following the Enrichment Fair.

Prescribed Enrichment

Year 7

Enrichment Activity: Leadership

Activity description: 'Leadership' is a prescribed enrichment option for Year 7. This activity introduces pupils to foundational leadership skills through team challenges, scenario-based learning and reflective tasks. Pupils explore what it means to lead, follow and support others effectively. By the end of the programme, they will deliver a peer-led activity or event. This activity promotes responsibility, confidence and resilience.

Strand focus: Leadership

Year groups: 7

Staff: AAN

Location: Austen

Enrichment Activity: Debating

Activity description: 'Debating' is a prescribed enrichment option for Year 7. Pupils learn how to construct persuasive arguments, develop public speaking skills and analyse topical issues from multiple viewpoints. Through structured debates and team-based challenges, students grow in confidence and critical thinking. The final session culminates in a formal debate with audience judging.

Strand focus: Academic Curiosity

Year groups: 7

Staff: SHA

Location: TBC

Year 8

Enrichment Activity: First Aid (Part II)

Activity description: 'First Aid (Part II)' is a continuation and extension of the core First Aid programme, designed for Year 8 students. It builds on the basics by introducing scenario-based responses, risk assessment, and peer-led teaching. Pupils learn how to respond calmly and confidently in more complex situations. Certification is available upon completion.

Strand focus: Community

Year groups: 8

Staff: JDU

Location: Tolkien

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Enrichment Activity: Pre Duke of Edinburgh (Pre DofE)

Activity description: 'Pre Duke of Edinburgh' is a prescribed enrichment course for Year 8 students that prepares pupils for the official DofE award. Sessions include team building, navigation, volunteering, and goal-setting. Pupils take part in practical tasks and challenges designed to build resilience, responsibility and independence, culminating in a local mini-expedition.

Strand focus: Leadership

Year groups: 8

Staff: AWH

Location: Wiles

Year 9

Enrichment Activity: Young Enterprise

Activity description: 'Young Enterprise' is a prescribed enrichment programme for Year 9 pupils that introduces business, budgeting and product design. Working in teams, pupils design a product or service, create a marketing strategy and present their concept in a final showcase. This course builds creativity, teamwork and enterprise thinking.

Strand focus: Academic Curiosity

Year groups: 9

Staff: VEL

Location: Ghandi

Choice Enrichment

Enrichment Activity: Chess

Activity description: 'Chess' is a choice enrichment option available throughout the year. Pupils will explore tactics, critical thinking and game theory through beginner to intermediate chess. Whether new to the game or looking to compete, students will develop patience, foresight and problem-solving skills.

Strand focus: Academic Curiosity

Year groups: 7–9

Staff: ABA

Location: Chaucer

When: 1 per half term

Enrichment Activity: Duke of Edinburgh Award (DofE)

Activity description: 'DofE' is a full-year choice enrichment programme open to KS3 pupils seeking to achieve the Bronze Award. Students will engage in volunteering, physical activity, skills development and expedition preparation. This nationally recognised qualification builds leadership, resilience and commitment.

Strand focus: Community / Leadership

Year groups: 7–9

Staff: PSP

Location: Britten

When: Whole year

Enrichment Activity: Horticulture

Activity description: 'Horticulture' is a seasonal enrichment option focused on planting, sustainability and land care. Pupils will work collaboratively to grow produce, maintain garden spaces and explore environmental issues linked to food and wellbeing.

Strand focus: Community

Year groups: 7–9

Staff: MJA

Location: Field

When: Autumn Term & Summer Term (whole term)

Enrichment Activity: Introduction to Sports Coaching

Activity description: 'Introduction to Sports Coaching' offers KS3 pupils a hands-on experience of planning and delivering sports sessions. With support, pupils will learn about warm-ups, safety, inclusive practices and basic officiating. The course culminates in leading a peer micro-session.

Strand focus: Leadership

Year groups: 7–9

Staff: MJA

Location: Field

When: Spring 1 & Spring 2

Enrichment Activity: History Society

Activity description: 'History Society' is a discussion-based enrichment option exploring untold stories, controversial figures and historical puzzles. Pupils will work independently and in groups to investigate topics, present findings and participate in historical debates.

Strand focus: Academic Curiosity

Year groups: 7–9

Staff: LST

Location: Parks

When: 1 per half term

Enrichment Activity: Elite Sports Performance (RMA Pathway)

Activity description: This performance-focused enrichment option is designed for pupils seeking elite-level training and sport-specific development. Across three terms, students will rotate through football, basketball and rounders—focusing on advanced skills, fitness, tactics and analysis.

Strand focus: Physical Challenge

Year groups: 7–9

Staff: RMA

Location: Field

When: Term 1 (Football), Term 2 (Basketball), Term 3 (Rounders)

Enrichment Activity: Elite Sports Performance (BBA Pathway)

Activity description: Pupils in this stream will work across netball, football and rounders to improve their technical, tactical and physical performance. Sessions are designed to stretch high-performing athletes and develop leadership and analysis through sport.

Strand focus: Physical Challenge

Year groups: 7–9

Staff: BBA

Location: Field

When: Term 1 (Netball), Term 2 (Football), Term 3 (Rounders)

Enrichment Activity: Elite Sports Performance (GBU Pathway)

Activity description: This version of Elite Sports Performance explores rugby, netball and cricket. Pupils will refine sport-specific techniques while engaging in strength and conditioning, video feedback and team strategy.

Strand focus: Physical Challenge

Year groups: 7–9

Staff: GBU

Location: Field

When: Term 1 (Rugby), Term 2 (Netball), Term 3 (Cricket)

Enrichment Activity: Elite Sports Performance (MST Pathway)

Activity description: For pupils looking to develop in rugby, handball and cricket, this pathway focuses on elite-level practice and mindset. Sessions include technical mastery, scenario-based gameplay and performance goal setting.

Strand focus: Physical Challenge

Year groups: 7–9

Staff: MST

Location: Field

When: Term 1 (Rugby), Term 2 (Handball), Term 3 (Cricket)

Enrichment Activity: Set & Costume Design

Activity description: 'Set & Costume Design' is a year-long enrichment pathway for pupils interested in theatre production. Students will design, build and manage theatrical elements linked to school performances. Entry is through audition or application.

Strand focus: Creativity

Year groups: 7–9

Staff: TAA

Location: Picasso

When: All year

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Enrichment Activity: Graphics

Activity description: This enrichment course introduces students to digital design, branding and image creation using industry-standard software. Pupils will complete a mini design brief each term and build a creative portfolio.

Strand focus: Creativity

Year groups: 7–9

Staff: SBA

Location: Foster

When: 1 per term

Enrichment Activity: Nutrition

Activity description: 'Nutrition' is a choice activity that explores the relationship between food, performance and wellbeing. Pupils investigate healthy eating, dietary planning, and food-related careers. Practical challenges may include menu design or food label analysis.

Strand focus: Academic Curiosity

Year groups: 7–9

Staff: KTR

Location: Oliver

When: 1 per half term

Enrichment Activity: Harry Potter Club

Activity description: 'Harry Potter Club' is a creative enrichment opportunity where pupils explore the magical world of Hogwarts through themed quizzes, creative writing, debate, and crafting. Sessions encourage imagination, teamwork, and a love of reading.

Strand focus: Creativity

Year groups: 7–9

Staff: JDU

Location: Tolkien

When: Summer 1 & Summer 2

Enrichment Activity: Creative Writing & Character Design

Activity description: This session allows pupils to explore their creative potential by building imaginative characters, storylines and settings. Activities may include short story writing, script work, or role-play elements inspired by popular fiction and fantasy.

Strand focus: Creativity

Year groups: 7–9

Staff: AAN

Location: Austen

When: Summer 1 & Summer 2

Enrichment Activity: “Time Travellers: History Mysteries”

Activity description: ‘Time Travellers’ is a choice enrichment activity where pupils become historical detectives, tasked with solving real-life mysteries from the past. Each week presents a new unsolved event, missing artefact, or controversial figure—from the disappearance of the Princes in the Tower to the secrets of the Romanovs. Pupils will analyse sources, create theories, debate outcomes and present their conclusions in creative formats such as podcasts, mock trials, or museum exhibits.

This activity is perfect for pupils who enjoy storytelling, critical thinking, and stepping into the shoes of historians.

Strand focus: Academic Curiosity

Year groups: 7–9

Staff: SHA

Location: TBC

When: Summer 1 & Summer 2

Enrichment Activity: Community Champions

Activity description: ‘Community Champions’ is an enrichment programme focused on service, kindness and taking action within the school and wider community. Pupils may take part in campaigns, charity drives, peer mentoring or environment projects.

Strand focus: Community

Year groups: 7–9

Staff: VEL

Location: Various

When: Summer 1

Enrichment Activity: Introduction to Sports Coaching

Activity description: ‘Introduction to Sports Coaching’ is a practical leadership enrichment activity that gives pupils a hands-on experience of planning and delivering basic sports sessions. Pupils will learn how to structure warm-ups, manage groups, ensure safety, and adapt drills for different abilities. The programme promotes confidence, communication and leadership, culminating in pupils delivering their own micro-coaching session to peers.

Strand focus: Leadership

Year groups: 7–9

Staff: MJA

Location: Field

When: Spring 1 & Spring 2